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Bible Study for September 18, 2019  
Broken into Beautiful – How God Restores the Wounded Heart

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Scripture:

Isaiah 61:3

“to provide for those who mourn in Zion— to give them a garland instead of ashes, the oil of gladness instead of mourning, the mantle of praise instead of a faint spirit. They will be called oaks of righteousness, the planting of the Lord, to display his glory.”

There are many contributing factors that may cause us to have a negative narrative about ourselves which can in turn prevent our receptivity to the truth of God’s love for us.

What are some of the misconceptions we have about ourselves based on our past pain?

There are some necessary steps to help us along the path to healing and wholeness:

1. Acknowledging our \_\_\_\_\_ is the first step in  
the \_\_\_\_\_.

2. \_\_\_\_\_ us to move forward.

